

**Who are the VBC Summer Staffers? What type of experience and training do they have?**

**Directors:**

The VBC summer camp directors are experienced coaches and educators.

- Each director has a professional background in working with young players.
- Most are VA Commonwealth certified public educators.
- All have a criminal background check
- All are CPR/First Aid certified
- All go through extensive camp management and positive coaching training

**College and High School Staff:**

- All must submit their grades, attendance records, and two reference letters.
- All staff 18 and older have criminal background check
- All must attend positive coaching training seminar and youth instruction training
- All must pass the VBC youth baseball camp test

Bios of Directors:

**STEVE MROWKA, VBC Instructor** Steve Mrowka joins the VBC staff after a summer season as the Bench Coach for the Worcester Tornadoes in the Can Am Professional Baseball League. Prior to coaching in the pro ranks, he coached at the collegiate level for 22 years (8 years at George Washington University and 14 years at Georgia College & State University).

**DAN POTOTSKY, VBC Adv. Camp Instructor** Dan is recognized by area coaches and players as one of the best hitting instructors in the region. He has coached HS baseball in Northern VA since 1988. He was an All-Met player at W-L High School and set SEC hitting records while playing for the University of Kentucky. He has been recognized as teacher of the year at Ashlawn ES.

**THOMAS HEARIN, VBC Instructor** – Thomas is a public school teacher in Fairfax County.

**ALAN SCHNEIDER – VBC Instructor** – Al is a long-time Arlington Senior Babe Ruth Coach with more than 30 years coaching youth sports, baseball and basketball.

**ALEX FILIDES, VBC Instructor** - Alex played baseball in the Boston area, finishing his career with the Post 69 American Legion baseball team out of Malden, Massachusetts. He has been involved with Little League, youth baseball and working at camps for over 20 years. During the winter, you can find Alex coaching one of the teams with Arlington Travel Basketball.